



Boort District P - 12 School

9 - 27 Malone St

BOORT, 3537

Ph: 03 5455 2201

Mobile 0477 741 594

Email: boort.district.p12@education.vic.gov.au

Website: www.boortds.vic.gov.au

November 3rd, 2021

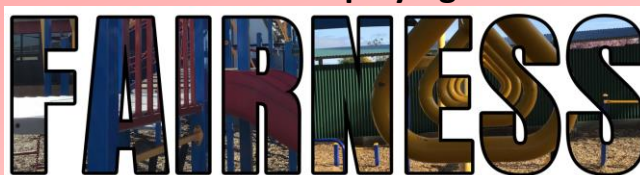
Issue 33

VISION STATEMENT

Our vision is to empower our students and staff to work together to become active and valued community members. We provide a safe and supportive learning environment, which fosters independent, resilient lifelong learners.

BDS Motto: 'Achieving Excellence Together'

BDS Beliefs and Values: Displaying a sense of Fairness



DIARY DATES

November

10th Finance Meeting

15th Parents' Club Meeting AGM

17th School Council Meeting

December

3rd Correction Day Pupil Free

Principal's Report

Melbourne Cup Day Dress-up

Congratulations to all students who took advantage of the Spring Racing Carnival to dress in their best today. The SRC handed out prizes for best dressed and there was a parade at recess – inside due to the unexpected rain.

Snakes

We all realise this time of year brings out the snakes. We have had sightings at the school so we are cautioning everyone to be on the lookout for snakes and to report them but leave them alone, if seen.

XUNO

As we are now in Week 5 of this Term, there will be reports on Xuno to be checked. If you are not able to see any feedback waiting, contact the classroom teachers.

Correction Day

The staff will be involved in a correction day on **Friday 3rd December**. This will be a pupil free day.

Vaccinations

If there are any 12 to 16 year olds who would like to take advantage of having a Covid vaccination, the Boort Medical Clinic 5451 5220 is available for appointments. The Boort Pharmacy 5455 2044 can also take walk-ins or appointments with access to the Moderna vaccine now. Just call either venue if you have any questions.

Lee-Anne Sherwell

Principal

Principal's Availability over the Next Week

Thursday	Friday	Monday	Tuesday	Wednesday
At School	At School – am only	At School	At School	At School

School Captains 2022

With the conclusion of the 2022 School Captain interview process, we would like to congratulate Sophie Perryman and Fergus Bear on their selection as School Captains for 2022. Sophie is our Civics Captain and Fergus is our Culture Captain.



Second hand books

In light of the Covid restrictions, our annual second hand book sale will still go ahead but will be done without parents/carers coming on sight. Please watch out for more information in the newsletter in the coming weeks. However, we would like to encourage students to try to source their own books by speaking to students who have completed the subject area this year.

BOORT DISTRICT SCHOOL PARENTS' CLUB – AGM

Monday 15th November 2021

9am via WebEx link:

Website: <https://eduvic.webex.com>

Meeting Number: 2653 832 6206

Password: parents

2021 END OF YEAR DATES

VCE Unit 4 (Year 12 and some Year 11 students)

Last Unit 3/4 or VET exam

Year 12 dinner

Wednesday 17th November

TBC after exams

VCE Unit 2 (Year 11 and some Year 10)

Last day of Year 11 classes	Monday 15 th November
Study day	Tuesday 16 th November
Unit 2 exams start	Wednesday 17 th November
Unit 2 exams finish	Monday 22 nd November
Kickstart program begins	Monday 22 nd November - Period 4
Kickstart program ends	Friday 26 th November
Last day for Year 11 students	Friday 26 th November

VCAL

Last VCAL day Intermediate and Foundation Friday 26th November

Correction / Report Writing Day

Friday 3rd December (Student free day)

Year 10 and Years 5-10

Last day for Year 10 students with employment is Thursday
December 2nd

Monday 6th December would be the last day at NCTTC for
Year 9/10 students.

Activities Program

Wednesday 8th December – Year 6 to 7 step up

Thursday 9th – Tuesday 14th December F-10

Presentation Night Years 5-12

Tuesday 14th December

Celebration afternoon F-4

Wednesday 15th December – F-4

Wednesday 15th December - Year F-5 step up

Finish

Friday 17th December – 1.00pm finish (Student free day)



Hello Strava friends!

As we approach our 9th week of our Strava initiative, we have unfortunately been seeing a downward trend of activities logged. Week 1 we come out firing but since then we have lost athletes and the number of activities being completed by our wonderful students here at BDS. So let's all keep our bodies and minds active!

This week we have another 3 draws to be completed for our weekly canteen voucher prize. Do not forget that every activity you log goes in as raffle ticket to win a \$200 REBEL SPORT voucher at the end of the year. Not long to go now!

Draw 6 Winner – Lucy Malone

Draw 7 Winner – Max Beattie

Draw 8 Winner – Alby Bear

Well done to all winners!

Mr Hatcher

On Monday it was great to be allowed on excursions and the Unit 2 OES class enjoyed a visit to Kooyoorra State Park. The focus of the trip was to explore the area by undertaking the Long Rock trail, paying attention to the environment type and conservation, recreation and commercial impacts in the area. Students also visited Melville Caves where there was lots of adrenalin pumping when squeezing through rock crevices and disappearing into the dark.



Over the past few weeks the Year 7 students have been investigating fruit and vegetable classifications, what to look for when buying fresh produce, the different ways fruits and vegetables can be purchased, how to use the Australian Guide to Healthy Eating's food selection model and the importance of eating a fruit and vegetables rainbow of colour everyday. In practical classes students have learnt new skills by producing pasties, apple and pear crumble and hummingbird cupcakes.



Year 5-6 helped Mrs Featherby's class learn how to do "Dibber Dobber Day"



Kerang Little Athletics Saturday, Nov 6th 9am. McLeod Oval (High School) Please register by Friday, Nov 5 Contact kerang@lavic.com.au for more info.

Boort Tennis Club Junior coaching

FREE 6 week Program

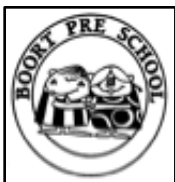
Starting Saturday November 13th at 1pm-1.30pm From Prep to Year 6.

Just bring a racquet and a water bottle.

Names into boorttennis@yahoo.com.au

Boort Pre-School Committee are teaming up with Bakers Delight to bring you fresh bakery bread!!!!

The Boort Pre-School Committee are raising funds to develop a new outdoor play space and landscaping, and what better way to fundraise then to bring in fresh dough!!!!!!!!!!!!



BREAD	PRICE	Quantity Ordered	Total Price
White Loaf – <i>Sandwich Sliced</i>	\$5.00		
White Loaf – <i>Toast Sliced</i>	\$5.00		
Wholemeal Loaf – <i>Sandwich Sliced</i>	\$5.00		
Wholemeal Loaf – <i>Toast Sliced</i>	\$5.00		
Wholegrain Loaf – <i>Sandwich Sliced</i>	\$5.30		
Wholegrain Loaf – <i>Toast Sliced</i>	\$5.30		
HiFibre LowGi Loaf – <i>Sandwich Sliced</i>	\$5.80		
HiFibre LowGi Loaf – <i>Toast Sliced</i>	\$5.80		
ROLLS			
Hi Fibre Lunch Box Rolls -pkt 6 (perfect lunch size for pre-school and primary age)	\$5.00		
White Rolls – pkt 6	\$5.00		
Wholemeal Rolls – pkt 6	\$5.00		
Wholegrain Rolls – pkt 6	\$6.00		
		TOTAL OWING:	

- *Email orders to: boortpreschool@yahoo.com.au or hand forms to Kelly Henderson or Sharlene Stringer
- *Orders must be in by 1:00pm Wednesday 3rd November for Friday 5th November delivery.
- *Your order can be collected from **outside** the Boort Pre-School from 2:30pm to 3:30pm on Friday 5th November. Please contact Kelly on 0427 280 583 or Sharlene on 0409 866 253 if you need to make other arrangements for collection.
- *Pre-payment would be greatly appreciated, bank details for transfer are:
Boort Pre-School BSB: 633000 Account 162 679 617 Please list your name as reference.
- *Please note pricing includes freight to Boort.
- *Please adhere to all COVID-19 safe regulations in place when collecting your order.



We will continue this fundraiser if it is well supported....

Thank you for your support!



SUMMERWAVE
1 DAY, 2 STAGES, 37 ACTS, FOOD TRUCKS, SPRAY PAINTING AND MORE

TAYLOR HENDERSON
DJ TAMARA • ONE MORE WEEKEND
COLOUR COURT • STONE & WOOD
THE KID SAX • TOLI • SPARKZO
TYNAN • THE KNOWN • YUNG FURO
MIKALA MCNEILL • SOPHIE KELLY
JENNA CONLAN • ELIAS LANYON
DILLMAC • BUDDY BOYD

ATKINSON PARK, KERANG
20/11/2021

TICKETS FROM WWW.NOCH.ORG.AU/EVENTS
OR TRYBOOKING.COM

GANAWARRA
NOCH
MXXFM
freemove VICTORIA

SUMMERWAVE IS FULLY SUPERVISED AND IS AN ALCOHOL, SMOKE AND DRUG-FREE EVENT WITH STRICTLY NO PASSOUTS. SUMMERWAVE IS A COVID SAFE EVENT AND WILL ADHERE TO ALL GOVERNMENT REGULATIONS.



Accessing help for my young person: parent / carer webinar

headspace National in conjunction with headspace Mildura and Swan Hill are presenting a webinar for parents and carers of young people to investigate mental health support services.

Information presented will cover:

- Strengthening your understanding of mental health and wellbeing.
- The conversational approach to mental health and well-being.
- Practical strategies and resources to support mental health.
- Building an awareness of local, state, and national support services available to young people.

This session is intended to increase your knowledge of the mental health sector and different levels of support.

When: Monday 22nd

November at 7:00pm AEDT

Where: online via zoom

How do I register?

Click here to register via Eventbrite, or copy the following URL into your web browser:
<https://www.eventbrite.com.au/e/swan-hill-and-mildura-parent-webinar-accessing-help-for-my-young-person-registration-169914156817>

After you have registered, you will receive an email confirmation from Eventbrite which will include the Zoom meeting link to access the webinar. Please note this webinar will not be recorded.

All those who register will receive a digital information pack, after the webinar, that includes key messages as well as links to resources & support services.

Contact

For more information email:
programsupport@headspace.org.au

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health



connecting & communicating with your young person: parent / carer webinar

headspace National in conjunction with headspace Mildura and Swan Hill are presenting a webinar for parents and carers of young people.

Information presented will cover:

- Understanding your young person, and recognising mental health difficulties.
- Managing the challenges of parenting young people today.
- Having better conversations with your young person.
- Connecting your young person with the right help and support.

The webinar will consist of a presentation on mental health, with a focus on noticing mental health difficulties in young people and supporting them to open up and communicate with you about their challenges, in order to seek help if needed.

When: Monday 15th
November at 7:00pm
Where: online via zoom

How do I register?

Click here to register via Eventbrite, or copy the following URL into your web browser:
<https://www.eventbrite.com.au/e/swan-hill-and-mildura-parent-carer-webinar-communicating-with-your-young-person-registration-169913960289>

After you have registered, you will receive an email confirmation from Eventbrite which will include the Zoom meeting link to access the webinar. Please note this webinar will not be recorded.

All those who register will receive a digital information pack, after the webinar, that includes key messages as well as links to resources & support services.

Contact

For more information email:
programsupport@headspace.org.au

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health

MENTAL HEALTH TOOLKIT

Brought to you by **NOCH**

Every child and young person needs a mental health toolkit to build resilience to face challenges they will experience throughout their life.

WHAT'S IN A MENTAL HEALTH TOOLKIT?

	Trusted adults who listen		Quality sleep
	Exercise		Healthy friendships
	Regular contact with nature		Freedom to express emotion
	A balanced diet		Wide emotional vocabulary
	A sense of gratitude		A sense of meaning and purpose
	Emotional regulation strategies		Mindfulness practices
	Access to professionals & Helplines	<p>Lifeline: 13 11 14 Kid's Helpline: 1800 55 1800 Beyond Blue: 1300 224 636</p>	

Is there anything missing from the mental health toolkit?
What would you add?

Sourced from: Lourdes Hill College, Brisbane